

National Nutrition Week Celebration 2019

National Nutrition Week 2019 is organised to celebrate National Nutrition Week to aware community people about the importance of nutrition and healthy practice to their daily life.

A speech regarding importance of health and nutrition was given by Principal, Bankura Christian College & Dr Rajkumar Maiti, Physiology Department

Organised by Department of Nutrition

The main areas and subjects discussed in the programme was –

1. Published a Nutrition letter 'Nutrimagics' enriched by teachers and students.
2. Published a Wall Magazine
3. Exhibition on food adulteration awareness, detox water, grilled food and it's effect and role of tea.
4. Exhibition cum food stalls have been organised.

Venue : Department of Nutrition, Bankura Christian College

No. of Participants : a number of 47 (forty seven) students have been participated along with the following teachers.

1. Dr Fatik Baran Mandal, Principal, Bankura Christian College
2. Dr Anupam Ghosh, Zoology Department
3. Dr Rajkumar Maiti, Physiology Department
4. Dr Prithviraj Karak, Physiology Department
5. Dr Chandranath Chatterjee, Zoology Department
6. Moumita Dutta, Department of Nutrition
7. Tultul Chowdhury, Department of Nutrition
8. Anurag Paramanik, Physiology Department



Bankura Christian College

Seminar/ Work Shop/ Event/ Alumni Report Details

Title of The Event : Observance of National Nutrition Week

Date : 07.09.2022

Time : 12 : 00 P.M.

Organized By : Department of Nutrition, Bankura Christian College

Funded By : College

Sanctioned Amount : Rs. 4000.00

Brochure of the Seminar : NA

Resource Person with Designation : NA

No. of Participants

Teachers – 08

Students – 42

Non-Teaching Staff - 03

Other Visitors – 04

(Attendance list of Participants are attached)

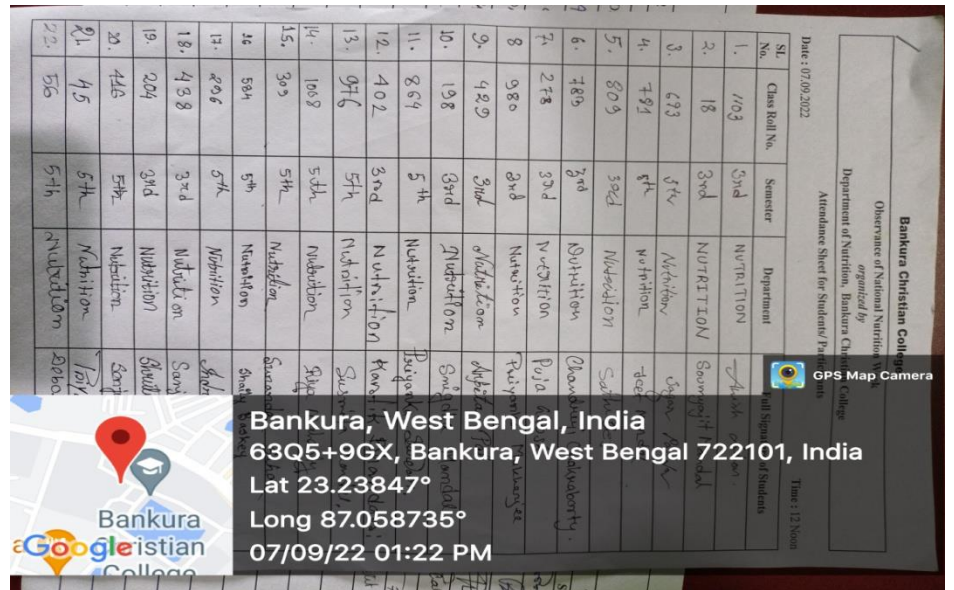
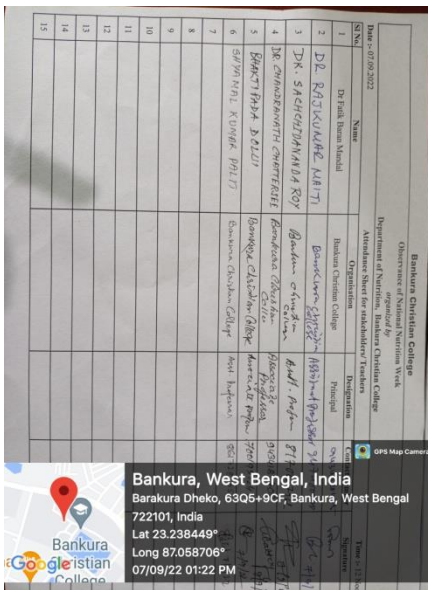
Activity Report

To Celebrate National Nutrition Week, the students of Nutrition Department organize a programme, Cultural Speech (regarding nutritional point of view), exhibitions (food adulteration, importance of seeds), publishing a Nutritional News Letter – 'NUTRITIONIX' and organizing 6 stalls of foods (Pulses Chart, Momos, Dahivada, Oats Pancake, Custard). To give and spread the knowledge regarding nutrition and awareness to the college students by the news letter.

Attach Photocopy of a Certificate : NA

Attach Income/ Expenditure Report by Signature of Organizing Secretary





Observance of National Nutrition Week

Date: 07.09.2023

Time: 12 : 00 P.M.

Organized By: Department of Nutrition, Bankura Christian College

Funded By : College

Sanctioned Amount : Rs. 4000.00

Brochure of the Seminar : NA

Resource Person with Designation : NA

No. of Participants

Teachers – 10

Students – 67

Non-Teaching Staff - 03

Other Visitors – 07

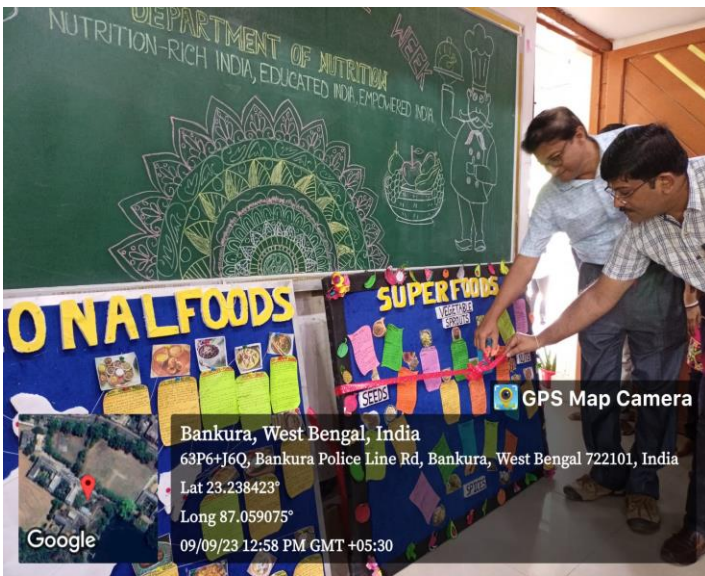
(Attendance list of Participants are attached)

Activity Report

After observing 1st week of September as National Nutrition Week, 7th September, 2023 is observed as grand celebration of National Nutrition Week, Department of Nutrition celebrate this day by arranging cultural programme, exhibitions (food adulteration, importance of seeds), publishing a Nutritional News Letter – 'NUTRITIONIX', which is inaugurated by Respected Principal sir and the other faculty members of this college. Ultimately, this celebration get it's flavour from different food stalls loaded with nutritional dishes such as, Pulses Chart, Momos, Dahivada, Rasmalai and dhokla prepared by the students of Department of Nutrition.

Attach Photocopy of a Certificate : NA







GPS Map Camera

Bankura, West Bengal, India

63P6+J6Q, Bankura Police Line Rd, Bankura, West Bengal 722101, India

Lat 23.238462°

Long 87.059037°

09/09/23 01:06 PM GMT +05:30

Google



GPS Map Camera

Bankura, West Bengal, India

63P6+J6Q, Bankura Police Line Rd, Bankura, West Bengal 722101, India

Lat 23.238423°

Long 87.059075°

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Google

One-Day State Level Seminar on "Traditional Foods for Women & Children in Tribal Areas".

Date : 06.09.2022

Time : 11 : 00 A.M.

Organized By : Department of Nutrition in collaboration with IQAC, Bankura Christian College

Funded By : College

Sanctioned Amount : Rs. 4000.00

Brochure of the Seminar : NA

Resource Person with Designation :

(1) Prof. Debidas Ghosh

M.Sc; M.Phil; Ph.D; F.A.Sc.T

Nutrigenomics, Molecular Medicine & Public Health Res Lab

Professor & Head

UGC Research Awardee and Indo-Tnisia Bilateral Fellow

Vidyasagar University, Midnapore

(2) Arnab Chatterjee

Ph.D. Scholar Molecular Biology Division, ICMR-National

Institute of Nutrition, Hyderabad

Assistant Professor, Dept. of Nutrition Asansol Girls' College,

Asansol

No. of Participants

Teacher – 12

Students – 65

Non-Teaching Staff - NA

Others – NA

Activity Report

- Discussion by Resource Person 1 :** what are food and nutrient, fermented foods, prebiotics, beneficial role of prebiotics, relation between fermented foods and prebiotics, probiotics, probiotics regulation by fermented foods, probiotics & health effects, role of probiotics on diabetes mellitus, role of probiotics on cvd, role of probiotics on oxidative stress management, role of probiotics on colorectal cancer, fermented foods in tribal areas, fermented foods in tribal areas of west bengal, why focus on women's health in the world ?, deteriorating of women's health, osteoporosis, anaemia, womens health and health of future generation, factor needs to improve women's health
- Discussion by Resource Person 2 :** prospects of public health genomics to mitigate the micronutrient deficiencies among the tribal population of bengal, vedic period, global public health nutrition scenario, poshan abhiyan 2022, indian context, focus: bengal, educational background, nutritional indicators, breast feeding practices, consumption pattern, supplementation, icds service, nutrient requirements for indians: 2020, why icmr-nin dietary recommendations 2020?, precision nutrition, types of biomarker, biomarkers reflecting inflammation & nutritional determinants of

anaemia (brinda), markers available for iron status, fluctuation of haemoglobin, future direction, advancement, challenges.

Convenor of the Seminar (Name with Designation) : Ms. Moumita Dutta, SACT, Department of Nutrition, Bankura Christian College

Attach Photocopy of a Certificate : Attached herewith

Attach Income/ Expenditure Report by Signature of Organizing Secretary : NA





Bankura, West Bengal, India

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Long 87.058202°
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Bankura, West Bengal, India

63Q5+H7J, Bankura, West Bengal 722101, India
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Attendance sheet for Participants/ Students					Time :- 10 : 30 P.M.
Sl No.	Full Name	College	Department	Semester	Email Id
1	Ashu Baran	Bankura Christian College	Nutrition	5th	ashu777@gmail.com
2	Baban Bani	"	Nutrition	5th	baban301ban@gmail.com
3	Smita Rakshit	"	Nutrition	5th	smita.bakshi.1210@gmail.com
4	Ayesha Sudhara	"	Nutrition	5th	ayeshasudhara@gmail.com
5	Susmita Kundu	"	Nutrition	5th	susmitakundu.aswinika@gmail.com
6	Soma Pal	"	Nutrition	5th	somapalnarang@gmail.com
7	Sonali Mukherjee	"	Nutrition	5th	moo_sonali@gmail.com
8	Amrita Halder	"	Nutrition	5th	amrita.halder.2019@gmail.com
9	Munim Day	"	Nutrition	3rd	munimday@gmail.com

Bankura, West Bengal, India

Barakura Dheko, 63Q5+9CF, Bankura, West Bengal 722101, India
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Long 87.058217°
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Registration sheet for stakeholders other than students					Time :- 10 : 30 A.M.
Sl No.	Name	Organization	Designation	Contact number	Signature
1	Dr Fatik Baran Mandal	Bankura Christian College	Principal	9434553424	
2	Prof. Debidas Ghosh	Vidyasagar University	Professor, Bio-medical Laboratory Science and Management & Clinical Nutrition	9232630933	
3	Arbab Chatterjee	Asansol Girls' College	Assistant Professor Dept of Nutrition	9100249544	
4	Dr. Atanu Ghosh	Bankura Christian College	IAAC Coordinator	900883956	
5	MALAY KUMAR PATRA	Bankura Christian College	SACT, 4th-5th	9479654134	
6	DR. RAJKUMAR MAITI	Bankura Christian College	Asst. Prof. Dept. of Nutrition	9474600010	
7	Tutul Chatterjee	Bankura Christian College	SACT	9010882114	
8	Neumita Dutta	Bankura Christian College	SACT	990852826	

Bankura, West Bengal, India

63Q5+84Q, Bankura Christian College Campus Rd, Bankura, West Bengal 722101, India
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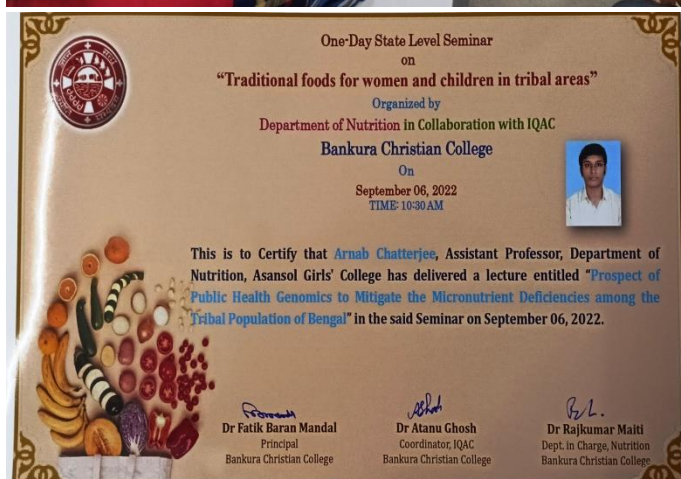
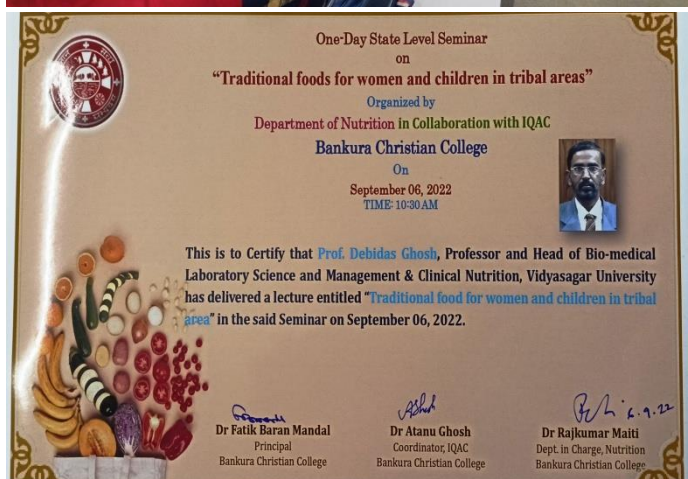
Bankura, West Bengal, India

63Q5+H7J, Bankura, West Bengal 722101, India
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Bankura, West Bengal, India

Barakura Dheko, 63Q5+9CF, Bankura, West Bengal 722101, India
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Bankura, West Bengal, India

63Q5+84Q, Bankura Christian College Campus Rd, Bankura, West Bengal 722101, India

Lat 23.238552°

Long 87.058146°

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