## One-Day State Level Seminar on "Traditional Foods for Women & Children in Tribal Areas".

Organized By: Department of Nutrition in collaboration with IQAC, Bankura Christian College

Funded By: College

Sanctioned Amount: Rs. 4000.00

**Brochure of the Seminar : NA** 

**Resource Person with Designation:** (1) **Prof. Debidas Ghosh** 

M.Sc; M.Phil; Ph.D; F.A.Sc.T

Nutrigenomics, Molecular Medicine & Public Health Res Lab

Professor & Head

UGC Research Awardee and Indo-Tnisia Bilateral Fellow

Vidyasagar University, Midnapore

(2) Arnab Chatterjee

Ph.D. Scholar Molecular Biology Division, ICMR-National

Institute of Nutrition, Hyderabad

Assistant Professor, Dept. of Nutrition Asansol Girls' College,

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**No. of Participants** Teacher -12 Students -65

Non-Teaching Staff - NA Others – NA

## **Activity Report**

- 1. **Discussion by Resource Person 1**: what are food and nutrient, fermented foods, prebiotics, beneficial role of prebiotics, relation between fermented foods and prebiotics, probiotics regulation by fermented foods, probiotics & health effects, role of probiotics on diabetes mellitus, role of probiotics on cvd, role of probiotics on oxidative stress management, role of probiotics on colorectal cancer, fermented foods in tribal areas, fermented foods in tribal areas of west bengal, why focus on women's health in the world?, deteriorating of women's health, osteoporosis, anaemia, womens health and health of future generation, factor needs to improve women's health
- 2. Discussion by Resource Person 2: prospects of public health genomics to mitigate the micronutrient deficiencies among the tribal population of bengal, vedic period, global public health nutrition scenario, poshan abhiyan 2022, indian context, focus: bengal, educational background, nutritional indicators, breast feeding practices, consumption pattern, supplementation, icds service, nutrient requirements for indians: 2020, why icmr-nin dietary recommendations 2020?, precision nutrition, types of biomarker, biomarkers reflecting inflammation & nutritional determinants of

anaemia (brinda), markers available for iron status, fluctution of heamoglobin, future direction, advancement, challenges.

**Convenor of the Seminar (Name with Designation) :** Ms. Moumita Dutta, SACT, Department of Nutrition, Bankura Christian College

Attach Photocopy of a Certificate: Attached herewith

Attach Income/ Expenditure Report by Signature of Organizing Secretary: NA

















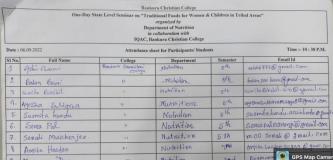
One-Day State Level Seminar on "Traditional Foods for Women & Children in Tribal Areas arganized by Department of Notrition for collaboration with 1QCC, Bankara Christian College

Registration sheet for stakeholders other than students

Organisation nkura Christian College

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Date :- 06.09.2022

Prof. Debidas Ghosh

Arnab Chatterje

Dr. Hame ghosh MALAY KUHAR PATSI

6 DR. RAJKUMAR MAIT

Bankura, West Bengal, India 63Q5+84Q, Bankura Christian College Campus Rd, Bankura, West Bengal 722101, India Lat 23.238526° Long 87.058153°

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Designation

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